



# 2009

## Program of Events

- Come 'n Try *be active* Activities** **Every Month**  
A wide range of sport and recreation activities designed for beginners to have a go. Best of all, they're FREE. Activities are offered for the period of a month.
- Active Life Tours** **Last Tuesday of every month**  
Join the fun of these leisure tours for older adults held on the last Tuesday of every month. Make some new friends as you discover some local hidden treasures.
- Team Challenge Games** **February 17 - April 3**  
Corporate event in Victoria Square, Hindmarsh & Light Squares for business people to come and enjoy friendly competition. Frisbee, cricket, mini golf, geeta races, volleyball & totem tennis.
- Active Community Team Challenge South East** **February 17 - May 28**  
Mount Gambier, Naracoorte, Millicent. Participants walk or run fortnightly over 16 weeks.
- be active* Aquatic Team Challenge** **May 7 - July 31**  
500m and 1000m swim in a team of five. Adelaide Aquatic Centre.
- Active Community Team Challenge Riverland** **May 5 - August 13**  
Berri, Renmark, Loxton. Participants walk or run fortnightly over 16 weeks.
- Mother's Day Classic** **May 10**  
Fun run/walk to raise funds for breast cancer. Distances are 4km and 7.2km.
- Winter Games** **June 2 - July 14**  
Indoor GIANT games competition to be held inside a city building.
- Active Community Team Challenge Upper Spencer Gulf** **July 21 - October 29**  
Port Pirie. Port Augusta, Whyalla. Participants walk or run fortnightly over 16 weeks.
- UCI World BMX Championships** **July 23 - 26**  
To be held at the Adelaide Showground. Featuring world Olympic champions.
- be active* Corporate Cup** **August 5 - November 19**  
Participants walk or run fortnightly over a 16 week period. Held in four regions across Adelaide, including City, Port Adelaide, Mawson Lakes and Flinders University. Weekly random draw prizes and other great prizes on offer.
- Active Community Team Challenge Clare Valley/Barossa** **September 8 - December 17**  
Clare. Nuriootpa, Gawler. Participants walk or run fortnightly over 16 weeks.
- The Sunday Mail City-Bay Fun Run** **September 20**  
Annual Fun Run attracting over 30,000 participants. Walk or run the 12km from the City to the Bay or 6km from Kurralta Plaza to the Bay or 3km from Morphettville Junction Centre.
- Children's Week** **October 23 - November 1**  
A week long celebration of children and issues relating to children.
- Bocce Team Challenge** **October 20 - December 4**  
A weekly team challenge in Victoria, Hindmarsh & Light Squares where you can learn Bocce and enjoy being outdoors. Supported by Adelaide City Council
- Glenelg Christmas Pageant** **November 22**  
An exciting, colourful parade of Christmas festivities for all ages.

[www.sa.lifebeinit.org](http://www.sa.lifebeinit.org)

